
What Is A Dire Need ?

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Reading Time -5 minutes

How it may help:

i) You may learn why many people are not able to achieve their dreams and why 'absence of a dire- need' can be the reason?

ii) How to find out whether you have a dire need.

"You are what your deepest desire is.

As is your desire, so is your intention.

As is your intention, so is your will.

As is your will, so is your deed.

As is your deed, so is your destiny."

-----"Upanishds"-----

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- Imagine you don't know swimming but accidentally you fall into a river, how desperately you would try to come out, how you would put your last iota of energy to save yourself by trying everything!
 - Imagine someone very dear to you has a heart attack and you're driving that person to the hospital, every single minute of delay can be catastrophic. Imagine how hard you would try.
 - Imagine someone is hungry for days! What he would do? He would try everything to get some food, he won't need a coach, he won't need a self-help book or training, neither he would need a motivational speech! Because the need and the way to fulfill that need comes from with-in.

These are a few extreme examples of dire-need, where one is ready to do anything and everything to achieve' that" one thing.



Rio de Janeiro - O jamaicano Usain Bolt, garantiu o ouro e fez história ao conquistar pela terceira vez o título de homem mais rápido do mundo nos 100 metros rasos em uma Olimpíada (Fernando Frazão/Agência Brasil)

What is not a dire -need ?

Many people want to buy expensive cars, have a secret crush to marry a movie star, want to become a singer – but the majority never gets there.

Maybe these are just of few items on their wish list -nothing less, nothing more. This is just like a window-shopping of wishes.

It is like you wandering in a super-mall, liking many things but having no intention or ability to buy!

We humans have too many desires - too many wishes -too many yearnings-too many dreams.

Many desire for big cars, many yearn for an athletic body, many wish to become really famous and many dreams to archive never-ending wealth!

Most of these happen to be non-serious thoughts - not backed by any real intention, not backed by any real effort.

The person having these desires and dreams is not desperate and does not lose sleep over any of these, these are just passing thoughts.

It has been observed that only those people who have a dire need for any of these things, only they are able to get these.

Why do most people fail to achieve their dreams?

Nobody fails because they didn't work hard enough. They fail because they didn't have a burning desire to get what they are working for.

Inspiration is overated.Desperation is underrated.

Be very clear about the fact that the only reason that you don't have what you want is that you don't really want it. The only reason that you have something is that you couldn't live without it.

The only reason that you are where you are is that somewhere within you, it is ok to be there.

How to know whether you have a dire-need?

You also may have dire need to do something, to get something!

Here are the signs :

- You eat, sleep, drink and think about the same.
- You try to find a way to achieve it, you make a plan, you are as desperate as a thirsty man is for water but your desperation has a longer time-horizon as it persists.
- All your efforts are directed towards it
- If the dire need is to learn a skill - you try to learn everything necessary to master that skill, you search the internet, you try to reach out to the people who have already masted it, you find out if there is any book /training-program available, you observe and analyze every micro thing and start practicing, you try to improvise on what you do every minute, you're not satisfied even if you've reached near to the perfection.
- If the dire need is to acquire some item- you save money for it, you work extra, you cut down expenses from other activities, and if it is too dire, many a times you choose a

different career so as to earn enough to buy that thing that is your dire-need

Some extra stuff :

Lack of dire-need is the reason that none of the monks have become a Buddha despite following the path shown by him!

They don't have a dire need to achieve Nirvana like Buddha, their need is to just follow the path, without even trying to understand 'why they're following the path'!

- *Lack of dire need is the reason that many people don't make any improvement after reading some self-help books, attending a training program or listening to a motivational speech.*

But the same training, same book or speech may have an opposite effect on a person who has dire need to learn something, who is looking for a spark to come back on the track.

Like Upanishads say :

*"You are what your deepest desire is.
As is your desire, so is your intention.
As is your intention, so is your will.
As is your will, so is your deed.
As is your deed, so is your destiny."*

***Upanishads** are old Hindu religious scriptures, written many centuries ago.

Note: This article is a short snippet of another long-form article, if you wish to read the same, please click here: [How to get Super-Duper Success!](#)